



Canadian Trigeminal Neuralgia Association

Catna
c/o Jan Willia3
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Calgary AB T2X 3N9

25 February 2020

Mayor & Council

I run a support group in Toronto/York Region for people who suffer from a rare disease called Trigeminal neuralgia. (Chronic face pain).

Please see the attached for a description of TN and all the buildings that will be supporting us all over the world by lighting up TEAL on October 7th/2020 Our 8th International Trigeminal Neuralgia day. This year our campaign is dedicated to spreading awareness to International Media to pick up the torch and speak out about (TN) Trigeminal Neuralgia and Facial Pain Disorders. Trigeminal Neuralgia (TN) has been universally described by medical professionals and sufferers alike as the most painful condition known to mankind.

Our support group in the last 2 years wore teal, and ribbons, and went out to dinner to celebrate on October 7th. Please help us bring awareness for those who suffer from Trigeminal Neuralgia. Perhaps you even know someone who has tn and doesn't know it. 10 percent of MS patients will be diagnosed with TN. The attached form has all the TNNME information and social media information.

From

Kathy Somers

248 Currey Cres Newmarket ON

L3Y 5M9

[REDACTED]

[REDACTED]

Group Leader for Canada TNA (CaTNA)

Toronto, On/York region Chapter

www.catna2.caTNNME Canada Regional Manager



Landmark Lighting Request Form

Please complete the form and scan/email to corporate@whistler.ca.

This application does not guarantee that your event lighting request will be approved or your date available.

We will contact you to confirm the status of your request.

Contact Name	kathy somers
Organization	TNNME Trigeminal neuralgia & me
Business Address	248 Currey Cres
City, Province and Postal Code	Newmarket, Ont. L3Y 5M9
Business Phone Number	[REDACTED]
Business Email	[REDACTED]
Website Address	http://www.tnnme.com
Brief description of the event associated with your request	<p>We are an international group bringing awareness to a rare nerve disorder called trigeminal neuralgia. (chronic face pain (see our web page for more info. www.tnnme.com</p> <p>We want to bring awareness about TN to help others and let them know they are not alone</p> <p>TN people quite often can't speak, go out ,or work because of the pain. it is a change in lifestyle</p> <p>There is help through others that have TN and experience their pain.</p>
Landmark Choice what ever is available	<input type="checkbox"/> Fitzsimmons Covered Bridge <input checked="" type="checkbox"/> Village Gate Inuksuk <input checked="" type="checkbox"/> Town Plaza Gazebo
Date of event	October 7, 2020
Colour Request	TEAL or BLUE

Signature: kathleen somers

Date: February 18/2020



Hello

We are celebrating International Trigeminal Neuralgia Awareness Day on October 7, 2020!

We would be thankful for your authorization to "Light up Teal" (or Blue) on October 7, 2020.

This year our campaign is dedicated to spreading awareness to International Media to pick up the torch and speak out about (TN) Trigeminal Neuralgia and Facial Pain Disorders. **Trigeminal Neuralgia (TN) has been universally described by medical professionals and sufferers alike as the most painful condition known to mankind.**

If you are not the main person to make this kind of authorization could you, please forward this request to the individual that provides this sort of permissions?

First choice date: 10/7/2020

Second choice date: 10/6/2020

Third date choice: 10/8/2020

Date of Special Lighting: Wednesday Oct 07, 2020 (We are flexible with dates as we had approvals from last year October 1 thru October 13 in 2019!)

Colors Requested colors 1 = Teal Colors 2 = Blue Colors 3 = Light Blue

Colors Requested: Teal, RGB #0080 80 128, 128, blue RGB #0000FF 0,0, 255

This year not only are we asking you to Light up Teal your structures but to pass on our Light up Teal initiative to your local news media print or digital contacts. Our goal every year is to increase awareness by lighting as many World Landmarks, international bridges, buildings, and structures teal on October 7

Approvals are listed on TNnME web site.

The 2020 Light up Teal illumination initiative is to bring light and awareness to the World Health **Organization by asking them to add Trigeminal Neuralgia to their "Health Topic List" of illnesses**, which will expand awareness, grant access to further resources, and create opportunities for funding research for Trigeminal Neuralgia and Facial Pain Disorders.

WHAT IS TRIGEMINAL NEURALGIA? (See Below)

All approvals will be mention on TNnME websites, social network sites as well as continuous press announcements, newspapers article, and/or blog posts. You can follow updates and news coverage on [TNnME Media Page](#)

We will make sure to send any coverage to help keep everyone posted and this year we would like your help and letting us know your social media sites, so we can give public thank you and mentions.

Hashtags: #LightUpTeal4TN #trigeminalneuralgia #FacialPainDisorders #TNTeal #WHOHealthtopiclist

Name of Organization: TNNME (Trigeminal Neuralgia and Me) and the Facial Pain Research Foundation (Non-Profit) International Awareness: Education and Financing for Trigeminal Neuralgia and Facial Pains Disorders

Contact Person: Toni Saunders

Email address: tnawareness@gmail.com

Notes to Request and Editors:

WHAT IS TRIGEMINAL NEURALGIA?

Definition Trigeminal neuralgia (TN) is a very painful disorder of the portion of the fifth cranial nerve (trigeminal nerve) that supplies sensation to the face. It is characterized by recurrent electric shock-like (paroxysmal) pains in one or more branches of the trigeminal nerve (maxillary, mandibular, and/or ophthalmic branches), each supplying a different portion of the face.

Severe facial pain can last from a second to 15 minutes or longer; some individuals may have up to 100 lightning-like bursts of stabbing pain in a day. Although remissions are common, trigeminal neuralgia usually is a long-term condition.

It can be triggered by such stimuli as heat or cold, windy hitting the face, chewing, yawning, or talking. Because the sudden, sharp pain causes the individual to wince, the condition is known as Tic Douloureux or painful twitch.