

Dear Mayor and Council,

My name is Brett, and I'm the Communications Manager at the International Association for Premenstrual Disorders, a global nonprofit organization advocating for women with premenstrual disorders.

I'm emailing to inquire about lighting the Fitzsimmons Bridge teal on April 5, 2024 (or any other day in April) in honor of PMD Awareness Month.

PMD Awareness Month is an internationally celebrated event in its eleventh year, with the goal to raise awareness and build advocacy for Premenstrual Dysphoric Disorder (PMDD) and Premenstrual Exacerbation (PME). PMDD and PME are much under-diagnosed reproductive mood disorders affecting 1 in 20 women of reproductive age. With this year's theme "Our Lightbulb Moment" we believe lighting up landmarks around the world will be a powerful symbol of hope for our community to spark awareness and change.

We would love if this is possible! If April 5 is already booked, any other day in April 2024 works for us. Thank you so much!

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Best,

**Brett Buchert**

Pronouns: she, her, hers

Communications

[International Association for Premenstrual Disorders \(IAPMD\)](https://iapmd.org)



IAPMD is a 501c3 non-profit organization dedicated to education, awareness, support, and advocacy for women and AFAB individuals with Premenstrual Dysphoric Disorder (PMDD) and Premenstrual Exacerbation (PME) of underlying disorders. For peer support visit [iapmd.org/peer-support](https://iapmd.org/peer-support) or [facebook.com/groups/iapmd](https://facebook.com/groups/iapmd) for group support.



## Landmark Lighting Request Form

Please complete the form and scan/email to [corporate@whistler.ca](mailto:corporate@whistler.ca) along with your cover letter addressed "To Mayor and Council" with information regarding your campaign or cause.

We will contact you to confirm the status of your request.

<b>Contact Name</b>	
<b>Organization</b>	
<b>Business Address</b>	
<b>City/Province/Postal Code</b>	
<b>Business Phone Number</b>	
<b>Business Email</b>	
<b>Website Address</b>	
<b>Brief description of the event associated with your request - 75 words or less</b> <i>(Information here will be used for communications and the sign on the bridge. RMOW will edit copy if necessary.)</i>	
<b>Optional: Social Media Campaign Title (include hashtags)</b>	
<b>Landmark Choice</b>	<input checked="" type="checkbox"/> <b>Fitzsimmons Covered Bridge</b>
<b>Date of Event</b>	
<b>Colour Request</b>	

Signature: Brett Buchart

Date: \_\_\_\_\_

This application does not guarantee that your event lighting request will be approved or your date is available.