



Members of TNnME (Trigeminal Neuralgia and Me) and the Facial Pain Research Foundation (FPRF) would be thankful for you to join us to celebrate our 11<sup>th</sup> Anniversary!

October 7<sup>th</sup>, 2023, International Trigeminal Neuralgia Awareness Day.

Our light up teal illumination initiative is to shine light on Trigeminal Neuralgia (TN) and Facial Pain Disorders.

By doing so, it will expand awareness, education and create opportunities to fund research for a much-needed cure.

If you are not the main person to make this kind of authorization, could you please forward this request to the individual that can provide approval.

**First choice date:** 10/7/2023

**Second choice date:** 10/6/2023

**Third choice date:** 10/8/2023

**Date of special lighting:** Saturday, October 7, 2023 (We are flexible with dates, as we have had approvals from October 1<sup>st</sup> thru October 13<sup>th</sup>)

**Colour Requested:** TEAL (RGB #0080 80 128) Optional colour: Blue (RGB #0000FF 0,0, 255)

**2023 Light up Teal Approvals** are listed on the TNnME website and other social media sites.

All approvals will be mentioned on TNnME websites, social network sites, as well as continuous press announcements, newspaper articles, and/or blog posts. You can follow updates and news coverage on the TNnME Media page at [www.tnnme.com](http://www.tnnme.com) **Hashtags:** #LightUpTeal4TN #TrigeminalNeuralgia #FacialPainDisorders #Teal4TN

**Name of Organization:** TNnME (Trigeminal Neuralgia and Me) and FPRF (Facial Pain Research Foundation) FPRF website: [www.facingfacialpain.org](http://www.facingfacialpain.org)

**Contact Persons:**

*Brenda Sharp, Niagara TN Support Group Leader/FPRF Trustee:* [brendasharp55@gmail.com](mailto:brendasharp55@gmail.com)

*Kathy Somers, Toronto TN Support Group Leader:* [kathleen\\_somers248@hotmail.com](mailto:kathleen_somers248@hotmail.com)

**Hashtags:** #LightUpTeal4TN #TrigeminalNeuralgia #FacialPainDisorders #Teal4TN

**What is Trigeminal Neuralgia?** TN is a very painful disorder of the 5<sup>th</sup> cranial nerve (trigeminal nerve) that supplies sensation to the face. It is characterized by recurrent electric shock-like pain in one or more branches of the trigeminal nerve supplying feeling to the face. This facial pain is so severe, it is commonly called the “suicide disease”. There is currently no cure.