

To Whom It May Concern,

If you would, please respond to let me know that you have received this message.

I am writing to formally request that the Fitzsimmons Bridge please support Polycystic Ovary Syndrome (PCOS) Awareness by lighting up teal on **September 1, 2022, during World PCOS Day** (or another date in September, PCOS Awareness Month, if the 1st is not available). You will find additional details below and in the attached one-sheet.

- **Next Step** - To confirm your participation for this year, please complete our easy **Lighting Participation Form** - <https://pcosawarenessmonth.org/lighting-form/> (**Takes less than 3 minutes**)

Why Your Support of Polycystic Ovary Syndrome (PCOS) Is Important

- **PCOS affects up to 20% of women** and is one of the most underserved areas of health with 50-70% of women with PCOS going undiagnosed, untreated and unsupported.
- PCOS is a serious genetic, hormone, metabolic and reproductive disorder that can lead to lifelong complications, psychosocial disorders, obesity, cardiovascular disease, type 2 diabetes, endometrial cancer, nonalcoholic fatty liver disease, maternal/fetal health complications and other serious and life-threatening conditions. PCOS is also the leading cause of female infertility and the most common endocrine (hormone) disorder in women.

About World PCOS Day and PCOS Awareness Month

- World PCOS Day is an opportunity for those around the globe who are affected by polycystic ovary syndrome to come together in solidarity for PCOS Awareness. We are requesting that the Fitzsimmons Bridge joins us by displaying teal colored lights.
- World PCOS Day and PCOS Awareness Month are organized by **PCOS Challenge: The National Polycystic Ovary Syndrome Association**. Serving over 55,000 members, we are the largest PCOS support and advocacy nonprofit/NGO globally.

Additional Details

- **Teal Color Codes:** The hex code for teal is #008080 and RGB (0,128,128).

- **Social Media** - If you choose to highlight your support of World PCOS Day on social media, please tag us **@PCOSChallenge** on Twitter, Facebook or Instagram with hashtags:

- #WorldPCOSDay
- #PCOS
- #PCOSChallenge
- #PrioritizePCOS

If you have any questions, please email us or call +1 (404) 855-7244. We look forward to your response.

Best regards,
Ginny Silvestro & Sharmene Smith
Lighting Team

PCOS Challenge: The National Polycystic Ovary Syndrome Association

A 501(c)(3) Public Charity

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Connect with Us on Instagram, Twitter, Facebook: @PCOSChallenge